

“Cead Mile Failte”



*Allingham Arms
Hotel*

Bar Food Menu

*Please take note of the list of Food Allergens below
when ordering your meal.*

These are numbered after each dish.

*Should you have additional food allergies or concerns please
inform your server before placing your order.*

*All our Food Ingredients are locally sourced where possible and
our Beef, Lamb, Pork & Poultry are 100% of Irish Origin.*

We hope you enjoy your meal.

*Gluten(1), Crustaceans (2) Eggs (3), Fish (4), Peanuts (5),
Soybeans (6), Milk (7), Nuts (8), Celery (9), Mustard (10)
Sesame (11) Sulphites (12) Lupin (13) Molluscs (14)*

Starters

Fresh Soup of the Day (1,7,9)	€5.50
Chefs Traditional Egg Mayonnaise (3,10)	€5.50
Garlic Bread (1,3,7,11) Add Cheese €0.75 Tomato €0.75	€4.00
Allingham Seafood Chowder (1,2,4,7,9,14) Served with Wheaten Bread	€8.00
Battered Goujons of Chicken (1,3,7) Small €8.00 Large €13.00 Served with a Leaf Salad & Sweet Chilli Dip	
Duo of Melon Fantail of Melon served with Fruit Coulis	€5.50
Golden Fried Mushroom Caps (1,3,7,10) Served with Garlic Mayonnaise	€6.50
Warm Goats Cheese & Tossed Salad with Basil Pesto (7)	€8.00
Allingham Combo for Two (1,3,7,10) Spicy Chicken Goujons, Duckling Spring Rolls & Garlic Mushroom Caps	€14.00

All Day Breakfast

The Allingham Breakfast (1,3,11) Grilled Bacon, Sausage, Fried Egg, Beans, Tomato, Black & White Pudding served with Toast & Tea/Coffee	€12.50
Omelette with a Choice of Two Fillings (3) Choose from: Ham, Mushroom, Tomato, Bacon or Cheese (7)	€10.00
Scrambled Eggs (1,3,7) Eggs Scrambled on Lightly Toasted Bread (Add Smoked Salmon (4) for €3.50 Extra)	€7.00
Bowl of Fresh Fruit Salad	€5.00

Speciality Sandwiches

Allingham Club Sandwich (1,3,6,10,11) Turkey Breast, Bacon, Lettuce & Tomato Toasted Triple Decker	€12.95
Chicken & Sweet Chilli Panini or Wrap (1) Sliced Chicken, Peppers, Red Onion & drizzled with Sweet Chilli Sauce	€9.95
Tuna, Cheese & Red Onion Wrap or Panini (1,7) Tuna, Cheddar Cheese & Red Onion in a Lightly Toasted Wrap or Panini	€9.95
Vegetarian Wrap or Panini (1,7) Goats Cheese, Red Onion, Tomato & Iceberg Lettuce	€9.95
Steak Baguette (1,6,7) Sliced Irish Steak, Sauté Onions, Mushrooms & Peppered Sauce	€14.95

All the above are served with one of the following –
Chips, Spicy Wedges or Side Salad

Grills & Main Courses

Steak Special (6,7) Chargrilled 8oz Irish Steak, Garlic Butter or Peppered Sauce	€19.95
Dressed Chargrilled 6oz Irish Beef Burger or Chicken Fillet Burger (1,3,7,11) Any one of the following toppings – Pineapple, Bacon, Cheese, Spicy Salsa, Fried Onion or Fried Egg Extra topping €1.00 per item	€14.95
Mexican Spiced Vegetable Fajitas (1,7,9) Wok Fried Vegetables tossed in Texan Spices & wrapped in a Tortilla Add Chicken or Beef €3.50 extra	€13.50
Beer Battered Fillet of Haddock (1,3,4,7,10) Haddock in a Light Beer Batter served with Tartar Sauce and Peas	€16.00
Steamed Darne of Killybegs Salmon (4) Salmon served on a tossed Leaf Salad with Basil Oil	€16.00
Southern Fried Chicken Strips (1,3,6,7,9)	€15.00
All the above are served with one of the following – Spicy Wedges, Chips, Side Salad, Potatoes or Vegetables	
Vegetable Curry (1,9,10) Sauté Vegetable & Fruit Curry served with Boiled Rice & Poppadum Basket Add Chicken or Beef €3.50 extra Add Chips €2.00 extra	€12.95
Mushroom Pasta (1,7) Tagliatelle Pasta with Mushrooms in a light White Wine Cream Sauce Add Chicken €3.50 extra	€12.95
Chicken & Broccoli Penne Pasta (1,7) Stir-fry Chicken, Broccoli & Pasta tossed in a White Wine Sauce Served with Parmesan Cheese	€16.00
Beef Stroganoff (7,9) Beef & Vegetables Stir-fried, Tossed in Paprika, flamed in Brandy Sauce Served with Boiled Rice Add Chips €2.00 extra	€15.95
Chicken or Ham Salad (3,7,10) Roast Chicken or Baked Ham, Assorted Leaves & Salad with House Dressing	€15.00
Chicken Stir-Fry (1,7,9) Sauté Chicken, Stir-Fry Vegetables, Garlic & Tomato Sauce served with Noodles	€16.00

Light Snacks

Baked Potato served with a choice of two fillings	€8.50
Open Prawn Sandwich (1,2,3,7,10) Prawns,Crisp Lettuce served on Wheaten Bread topped with Marie Rose Sauce	€9.95
Roast Chicken Wrap (1,7) Roast Chicken, Red Onion, Peppers & Tomato	€7.50
Chicken Caesar Salad (3,10) Chicken, Crispy Bacon, Croutons, Tossed Leaves drizzled with a Caesar Dressing	€12.00

Sandwiches

Traditional (Brown or White) (1,6)	€5.00
Toasted (1,6)	€5.50
Panini (1,3,6)	€6.50
*Baps (3,7,13)	€6.50
Wraps (1)	€6.00

*Gluten Free Baps Available
All sandwiches include one filling

Additional Fillings –

Meat Filling	€1.25
Salad Filling	€0.75c

Sandwich Fillings Include –

Turkey, Egg & Onion, Chicken, Ham, Tuna, Lettuce, Cheese, Salad, Stuffing, Pineapple, Mozzarella, Bacon, Tomato, Sundried Tomatoes, Coleslaw, Peppers, Onion.

****Should you have a food allergy, please check with your Server on Sandwich Fillings****

Side Orders

Chips	€4.00	Onion Rings (1,3,7)	€5.00
Wedges (1)	€4.50	Coleslaw (3,10)	€3.00
Side Salad (3,10)	€5.50	Vegetables of the Day	€5.00
Mushrooms	€3.50	Garlic Potatoes (7)	€6.00
Onions	€3.50	Beans (12)	€2.50
Creamed Potatoes (7)	€4.00	Peas	€2.50
Sweet Potato Fries	€5.50		

Drinks

Tea	€2.00	Milk	Glasss €1.00
Herbal Tea	€2.50		Pint €1.75
Americano	€2.50	Homemade Scones, Butter & Jam (1,3,7)	€3.00
Cappuccino	€3.00	Add Cream €0.75	
Latte	€3.00	Selection of	
Hot Chocolate	€3.50	Desserts (1,3,7,8)	€6.00

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