



The Allingham Arms Hotel





DAILY SPECIALS AVAILABLE

STARTERS

-  **SOUP OF THE DAY** €6.00
Artisan wheaten bread or bread roll (9,10)
 -  **GREEK SALAD** €6.95
Mediterranean tomatoes, Greek feta, cucumber, olives and olive oil dressed leaves (6,9,11,13)
 -  **WEST COAST ATLANTIC SEAFOOD CHOWDER** €8.95
Fresh fish selection from along the West Coast of Ireland including Prawns, Mussels, Clams, Salmon, Smoked Coley & Haddock (2,4,9,10,13)
 -   **CRISP ORGANIC CHICKPEA FALAFEL BOWL** €7.95
Sweet chilli dressed leaves with candied walnut crumble (8)
 -  **LEMON POACHED KING PRAWN SALAD** €11.95
Donegal rapeseed & lemon marinated prawns, crisp leaf salad & chefs cocktail sauce (2,3,10,11)
 - CHICKEN WINGS** €8.00
Choose from Hot 'n' Spicy or BBQ fried chicken wings with light salad, sesame seeds & sour cream (1-W,8,9,10,11)
 - SHREDDED SALT & CHILLI CHICKEN** €8.00
Garlic mayonnaise, mixed leaf salad (1-W,3,9,11,13)
 -  **CHICKEN, BACON & PINE KERNEL SALAD** €9.00
Garlic & parmesan marinated chopped chicken & bacon pieces served on a crispy baby gem leaf salad (3,8,9,11)
- MAIN COURSE OPTION €14.95**
MAIN COURSE OPTION €13.95





BURGERS & SANDWICHES

-  **8oz ALLINGHAM BURGER** €15.95
Hand pressed 100% ground Irish beef rib eye with crisp bacon, aged cheddar cheese, lettuce, tomato & country relish served on a toasted brioche bun. Served with a side of chips. (1-W,3,9,13)
- PERI-PERI CHICKEN BURGER** €15.95
Crispy puffed peri-peri coated free range chicken breast with lettuce, tomato in a toasted brioche bun with chips & garlic mayonnaise (1-W,3,9,11)
-  **7oz PRIME STEAK SANDWICH** €17.95
Served on toasted garlic sourdough, topped with sauté mushrooms & onions, served with salad, pepper sauce & chips (1-W,3,9)

MAIN COURSES

-  **ROAST OF THE DAY (1-W,9,10)** **ASK YOUR SERVER**
-  **PATRICK'S SIGNATURE BRAISED BEEF** €18.95
Slow braised 10oz chunk of Irish beef, homemade Guinness & BBQ gravy with creamed potato & parsnip crisps (1-B,6,9,10)
-  **10oz PRIME SIRLOIN OF IRISH HEREFORD BEEF** €32.00
28 day aged prime Irish Hereford beef, served with sauté mushrooms & onions, semi dry tomatoes, creamed potato, pepper sauce & crispy fries (9,10,11,13)
-  **HOMEMADE PESTO & CHERRY TOMATO TAGLIATELLE** €14.95
Topped with white truffle, pine nuts, parmesan & garlic bread (1-W,3,8,9) **ADD CHICKEN €3 | ADD KING PRAWNS €4**
- DONEGAL FISH & CHIPS** €16.95
Beer battered Killybegs fresh haddock with peas, tartar sauce & lemon (1-W,3,4,11)
-   **QUAY WEST MEXICAN ENCHILADA** €15.00
Sauté vegetables coated in our lightly spiced enchilada sauce & topped with cheese served with chips, salsa & sour cream (1-W,9) **ADD CHICKEN €2**
-   **CLASSIC VEGETABLE CURRY** **€14.95 or 1/2 rice & 1/2 chips €16.95**
Stir-fried vegetables in our homemade lemongrass & lime leaf scented curry sauce served with basmati rice (9,10,11) **ADD CHICKEN €3**
- QUAY WEST CHICKEN FEAST** €16.95
Crispy coated chicken goujons, salt & chilli chicken pieces & chicken wings, served with chips & BBQ dip (1-W,3,9,13)
-  **ROASTED CHICKEN BREAST** €15.95
Pan roasted breast of free-range chicken with wild mushroom sauce. Served with potatoes and seasonal vegetables (9,10)
-  **QUAY WEST "MASSIVE" TACO CHIPS** €14.00
Gildea farm 100% ground Irish beef, homemade fresh chips, taco sauce & a mountain of cheese (3,9,13)

SIDES

-  **CHIPS** €4.50
-  **RICE** €3.50
- SEASONED POTATO WEDGES (1-W)** €5.50
-  **SWEET POTATO FRIES (1-W)** €5.50
-  **CREAMED POTATO (9)** €4.00
-  **CRISPY BABY POTATOES IN GARLIC BUTTER (9)** €5.50
-  **SEASONAL VEGETABLES** €4.00
- HOMEMADE ONION RINGS (1-W)** €5.50
-  **TOSSED SALAD (11)** €5.50
- COLESLAW (3,10,11)** €3.00
- BEANS** €2.50
- MUSHY PEAS (13)** €2.50
- STUFFING (1,9,10)** €2.50

DIPS

- GARLIC MAYO (3,11)** €1
- TARTAR SAUCE (3,11)** €1
- SWEET CHILLI** €1
- BBQ SAUCE** €1
- GARLIC BUTTER (9)** €1
- GRAVY(10)** €2
- PEPPER SAUCE (9,10)** €2
- CURRY SAUCE (9,10,11)** €2



 **GLUTEN FREE OPTION AVAILABLE (ASK SERVER)**

 **VEGAN OPTION AVAILABLE (ASK SERVER)**

 **VEGETARIAN OPTION AVAILABLE (ASK SERVER)**

ALLERGEN KEY	GLUTEN = 1 CRUSTACEANS = 2 EGGS = 3	FISH = 4 MOLLUSCS = 5 SOYBEANS = 6	PEANUTS = 7 NUTS = 8 MILK = 9	CELERY = 10 MUSTARD = 11 SEASAME SEEDS = 12	SULPHITES = 13 LUPIN = 14 WHEAT = W BARLEY = B
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"Please note we do not split bills"

"All our beef is 100% sourced on the Island of Ireland"
"100% of all tips are equally divided among staff"